



# **Carcinoma Medular de Tireoide: Genótipo e Fenótipo**

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# Conflict of Interests (last 5 years)

- Research grants CNPq, FAPERGS, NIH, FIPE
- Consultant or Advisory Role (AstraZeneca, Sanofi)
- Principal Investigator, Coordinator Center, Multi-Center Study, AstraZeneca.

# Molecular Diagnosis of MTC

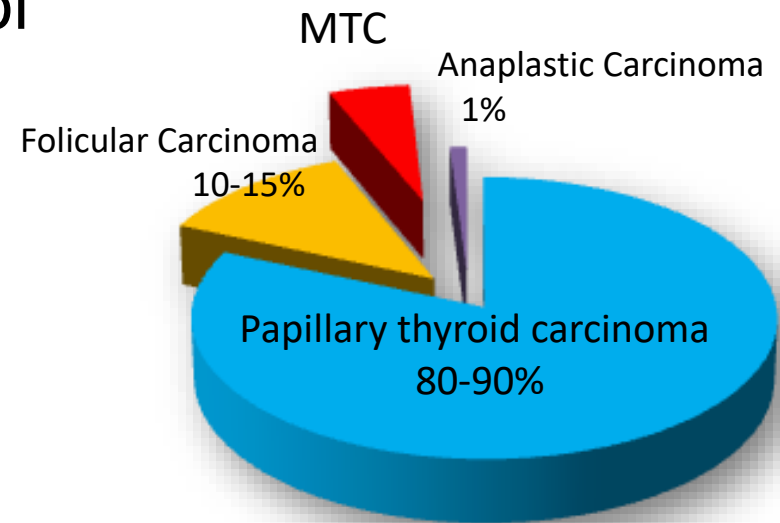
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- ✓ Overview
- ✓ Implications of diagnosis of germline RET mutations:  
hereditary MTC
- ✓ Role of RET polymorphisms
- ✓ Somatic mutations in sporadic cases
- ✓ Impact on therapy

# Medullary Thyroid Cancer

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- Rare thyroid C cell malignant tumor that accounts for 3-4% of thyroid gland neoplasia.
- MTC secretes a variety of products, but calcitonin is the most important biomarker.
- Accounts for nearly 15% of all thyroid cancer-related deaths
- MTC may occur sporadically (75%) or be inherited. Hereditary MTC appears as part of the MEN 2 syndrome.



# Multiple Endocrine Neoplasia Type 2 (MEN2)

- **MEN 2A**  
MTC (100%), pheochromocytoma (20-50%), and/or hyperparathyroidism (10-25%); rarely associated with cutaneous lichen amyloidosis or Hirschsprung's disease.
- **MEN 2B**  
MTC, pheochromocytoma, ganglioneuromatosis, and marfanoid habitus

# RET: susceptible gene for Hereditary MTC

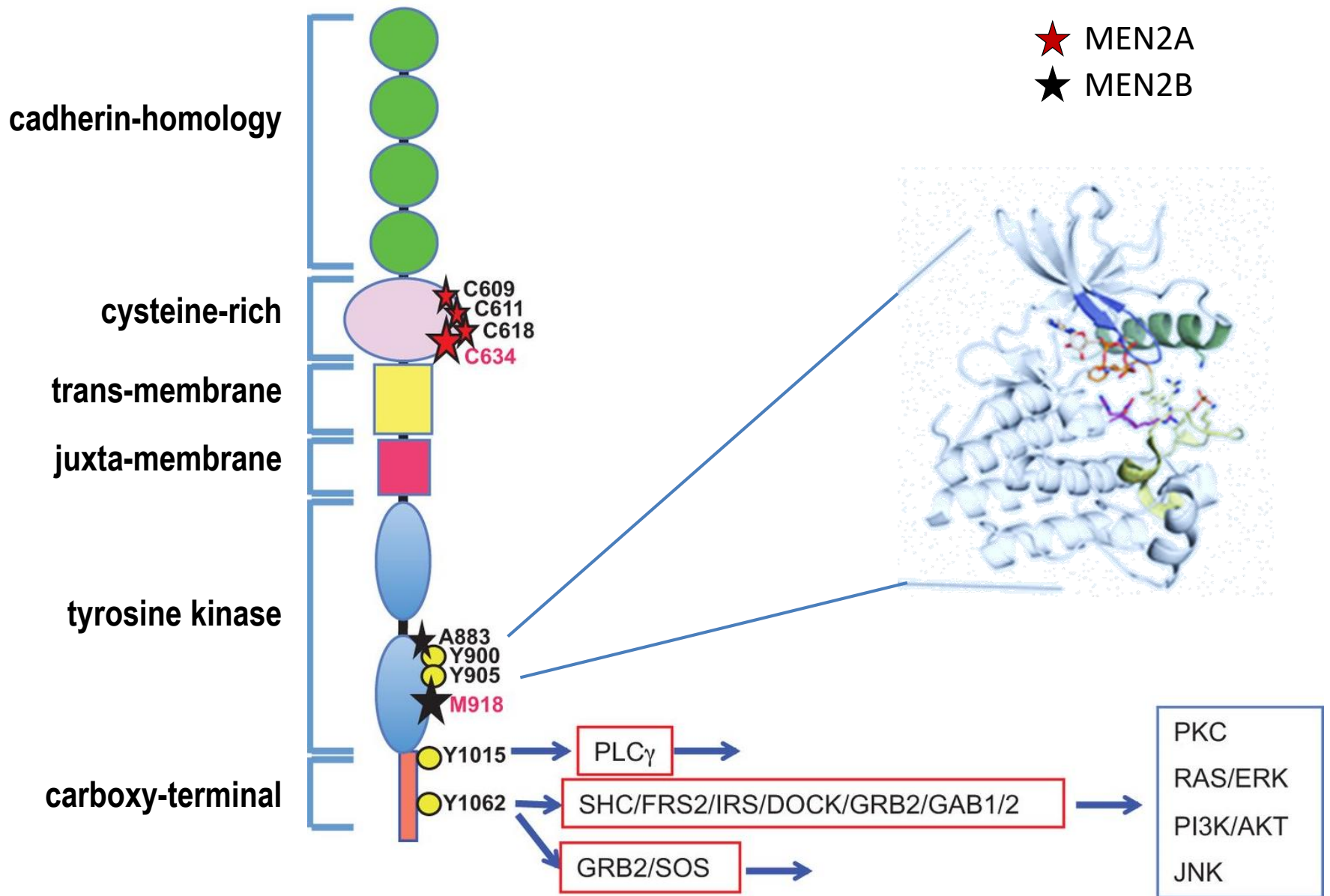


TABLE 4. RELATIONSHIP OF COMMON *RET* MUTATIONS TO RISK OF AGGRESSIVE MTC IN MEN2A AND MEN2B, AND TO THE INCIDENCE OF PHEO, HPTH, CLA, AND HD IN MEN2A

<i>RET</i> mutation <sup>a</sup>	<i>Exon</i>	<i>MTC</i> risk level <sup>b</sup>	<i>Incidence of PHEO</i> <sup>c</sup>	<i>Incidence of HPTH</i> <sup>c</sup>	<i>CLA</i> <sup>d</sup>	<i>HD</i> <sup>d</sup>
G533C	8	MOD	+	–	N	N
C609F/G/R/S/Y	10	MOD	+ / ++	+	N	Y
C611F/G/S/Y/W	10	MOD	+ / ++	+	N	Y
C618F/R/S	10	MOD	+ / ++	+	N	Y
C620F/R/S	10	MOD	+ / ++	+	N	Y
C630R/Y	11	MOD	+ / ++	+	N	N
D631Y	11	MOD	+++	–	N	N
C634F/G/R/S/W/Y	11	H	+++	++	Y	N
K666E	11	MOD	+	–	N	N
E768D	13	MOD	–	–	N	N
L790F	13	MOD	+	–	N	N
V804L	14	MOD	+	+	N	N
V804M	14	MOD	+	+	Y	N
A883F	15	H	+++	–	N	N
S891A	15	MOD	+	+	N	N
R912P	16	MOD	–	–	N	N
M918T	16	HST	+++	–	N	N

<sup>a</sup>The references for each of the *RET* mutations can be found in the Supplementary Information, where all reported *RET* mutations in MTC are listed.

<sup>b</sup>Risk of aggressive MTC: MOD, moderate; H, high; HST, highest.

<sup>c</sup>Incidence of PHEO and HPTH: + = ~10%; ++ = ~20%–30%; +++ = ~50%.

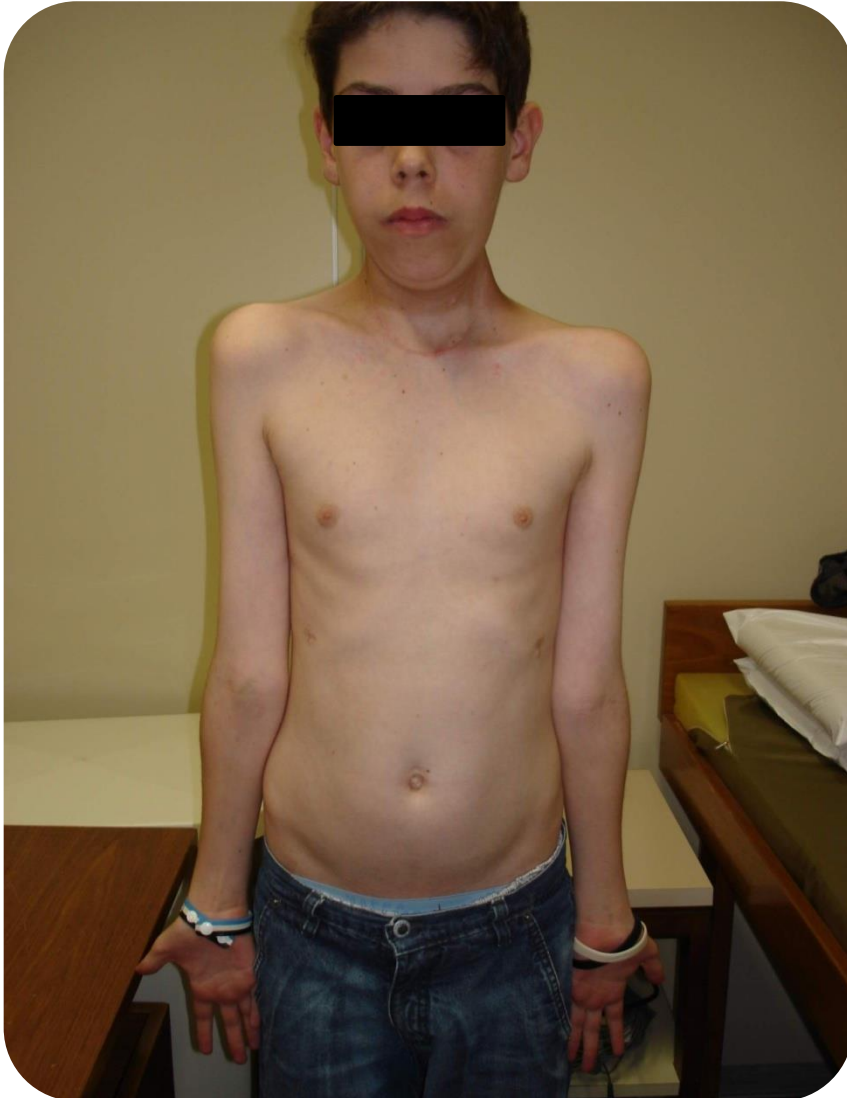
<sup>d</sup>Y, positive occurrence; N, negative occurrence.

# Cutaneous Lichen Amyloidosis



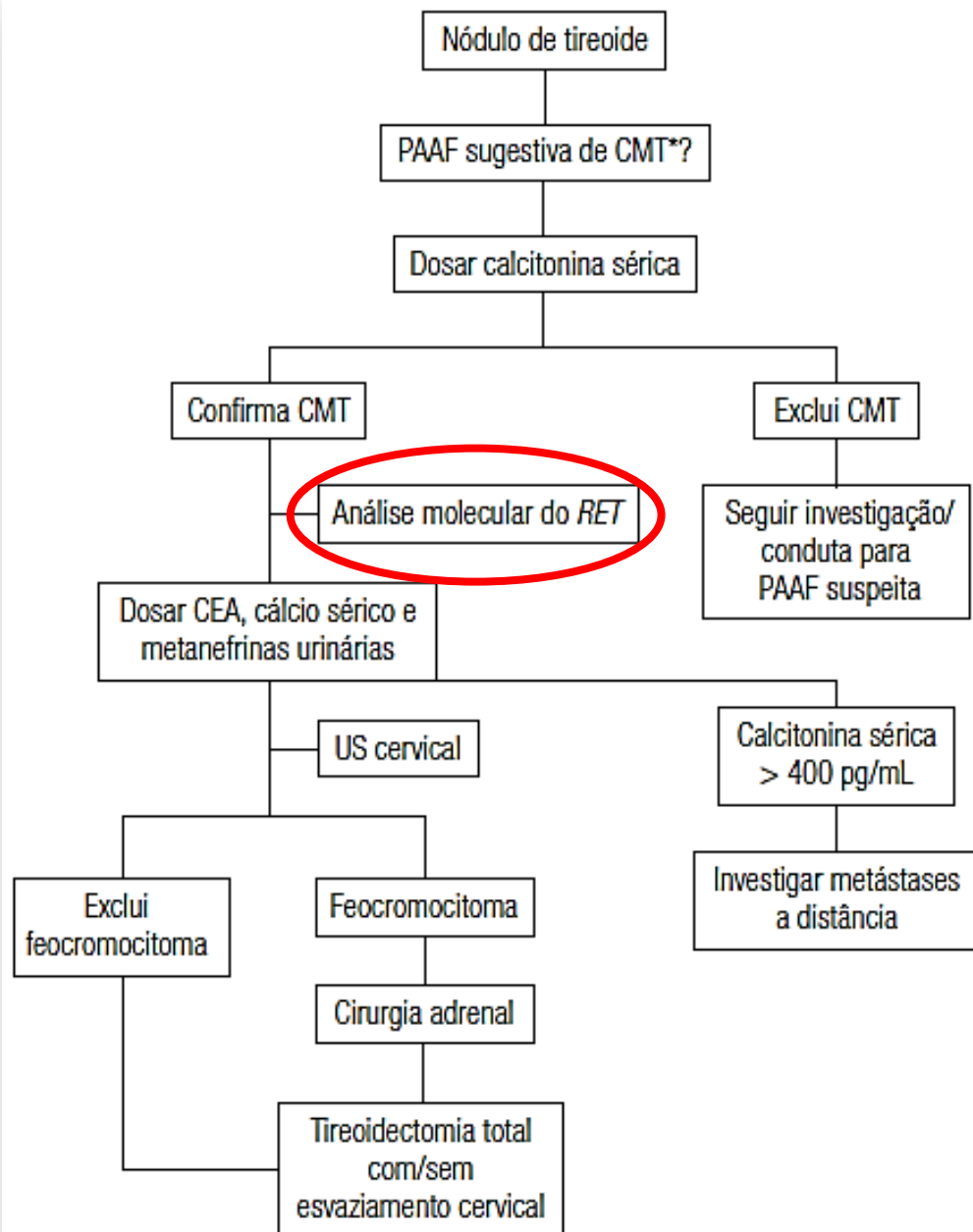


# Multiple Endocrine Neoplasia Type 2B



# Neoplasia Endocrina Multipla 2B





\* Achados sugestivos de CMT: células triangulares ou poligonais, granulações citoplasmáticas azurofílicas, núcleo excêntrico com cromatina grosseiramente granular e amiloide.

ORIGINAL ARTICLE

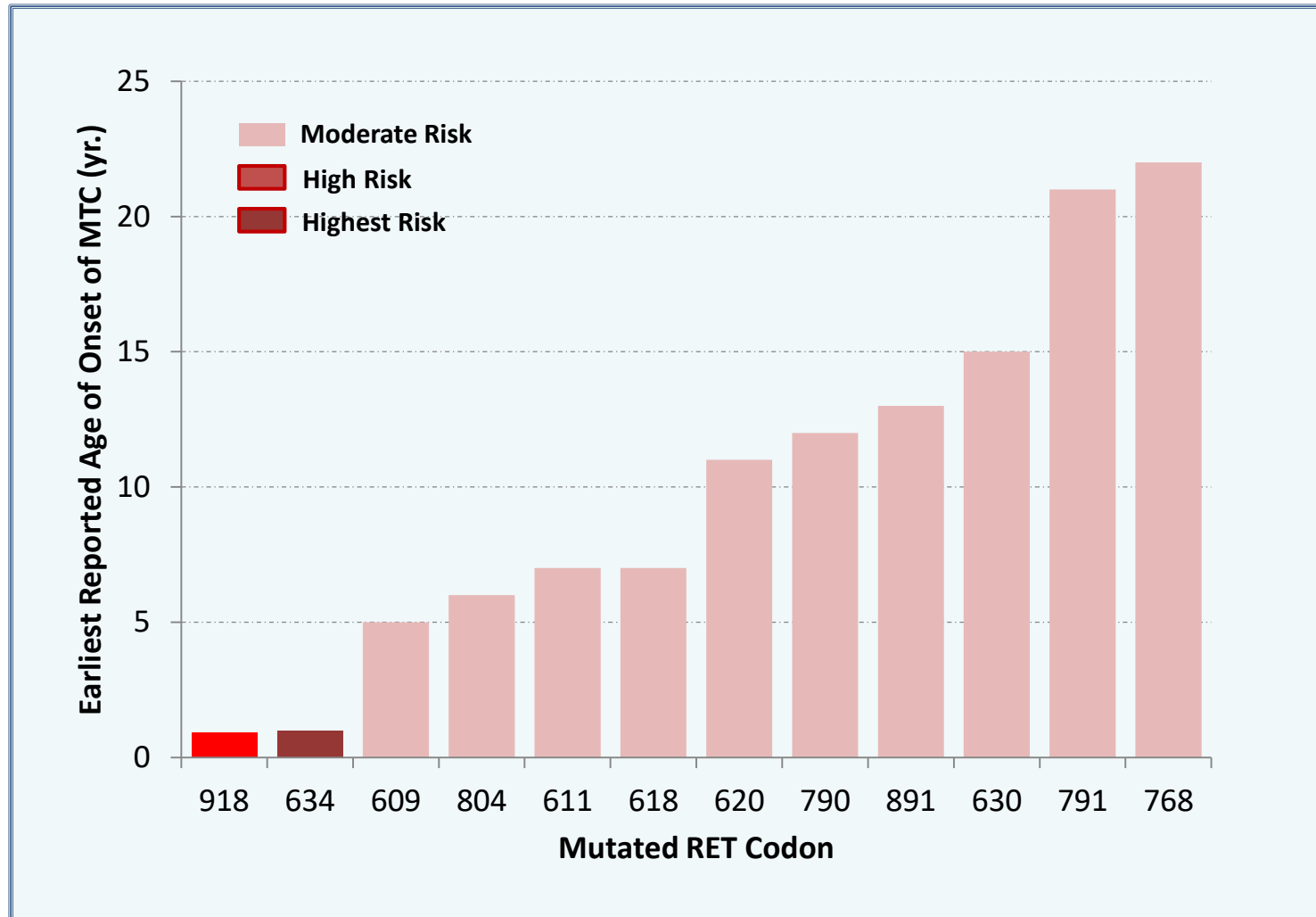
## Clinical Screening as Compared with DNA Analysis in Families with Multiple Endocrine Neoplasia Type 2A

Cornelis Lips, Rudy M, Landsvater, Jo Hoppener, Rolf A, Geerdink, Geert Blijham, Joke M, Jansen-Schillhorn van Veen, Adriaan van Gils, Mireille J, de Wit, Richard A, Zewald, Marianne Berends, Frits A, Beemer, Joanneke Brouwers-Smalbraak, Rumo Jansen, Hans Kristian Ploos van Amstel, Theo van Vroonhoven, and Thea M, Vroom

Molecular analysis allows an unequivocal diagnosis of asymptomatic patients with NEM 2 syndrome.

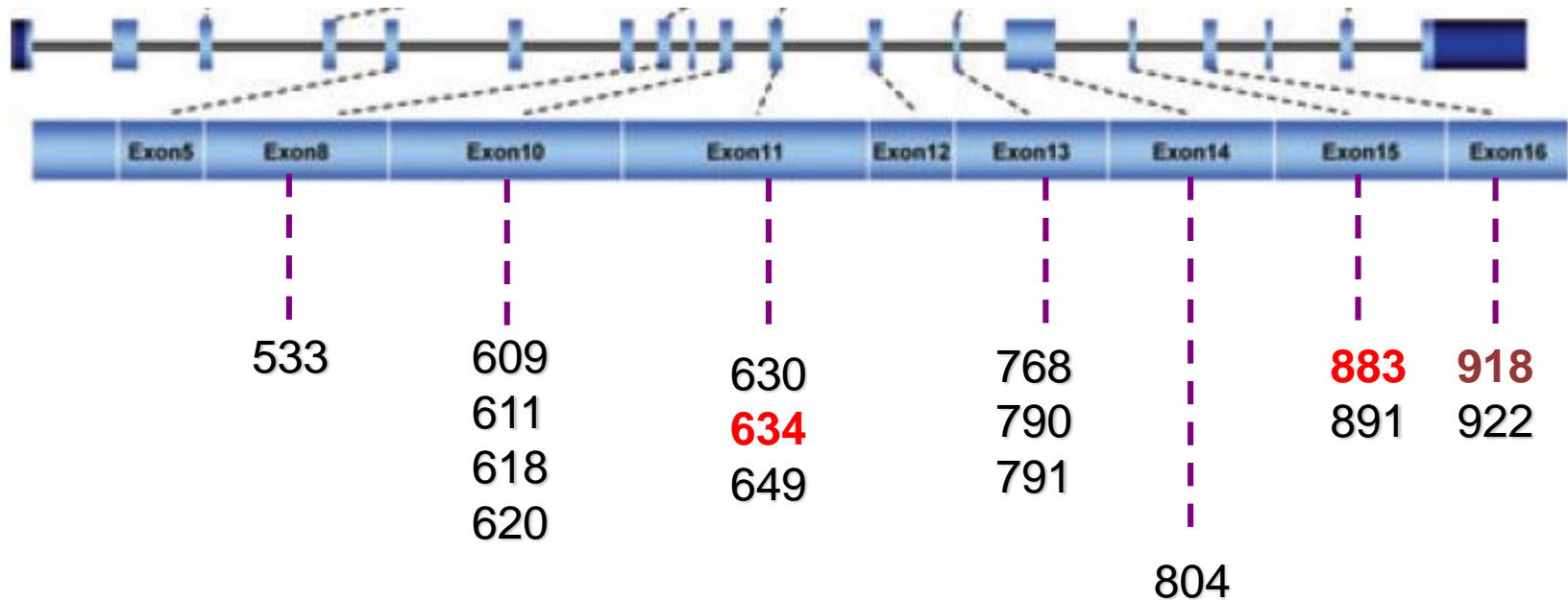
Autosomal dominant, penetrance of 100%

# Genotype-Phenotype Correlations and ATA Risk Level



Adapted from Cote GJ et al, NEJM 2003; ATA Guidelines 2015

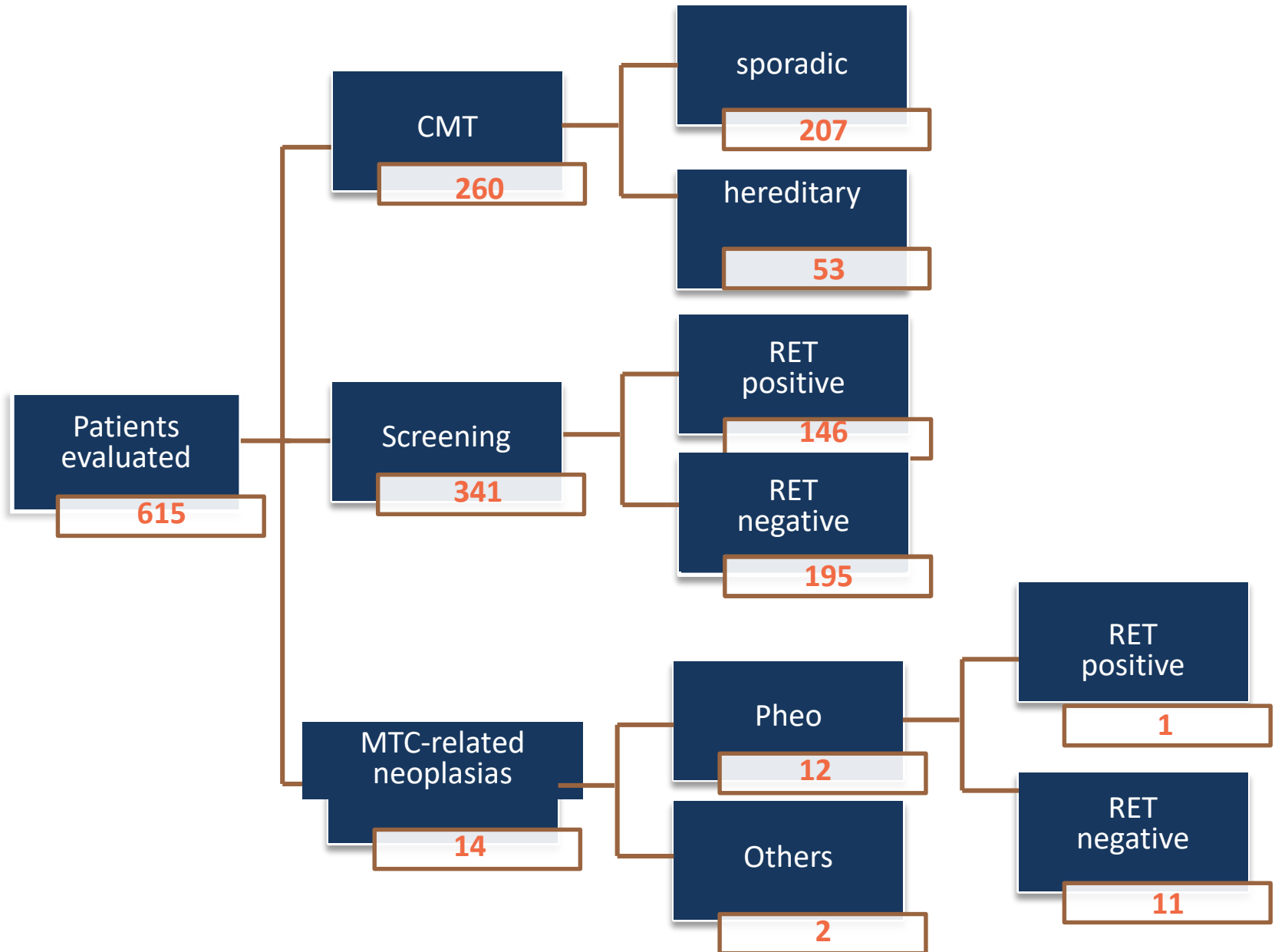
# Prophylactic thyroidectomy: When?



- HST risk - Immediately
- H risk < 5 years of age
- MOD risk - based on Ct levels

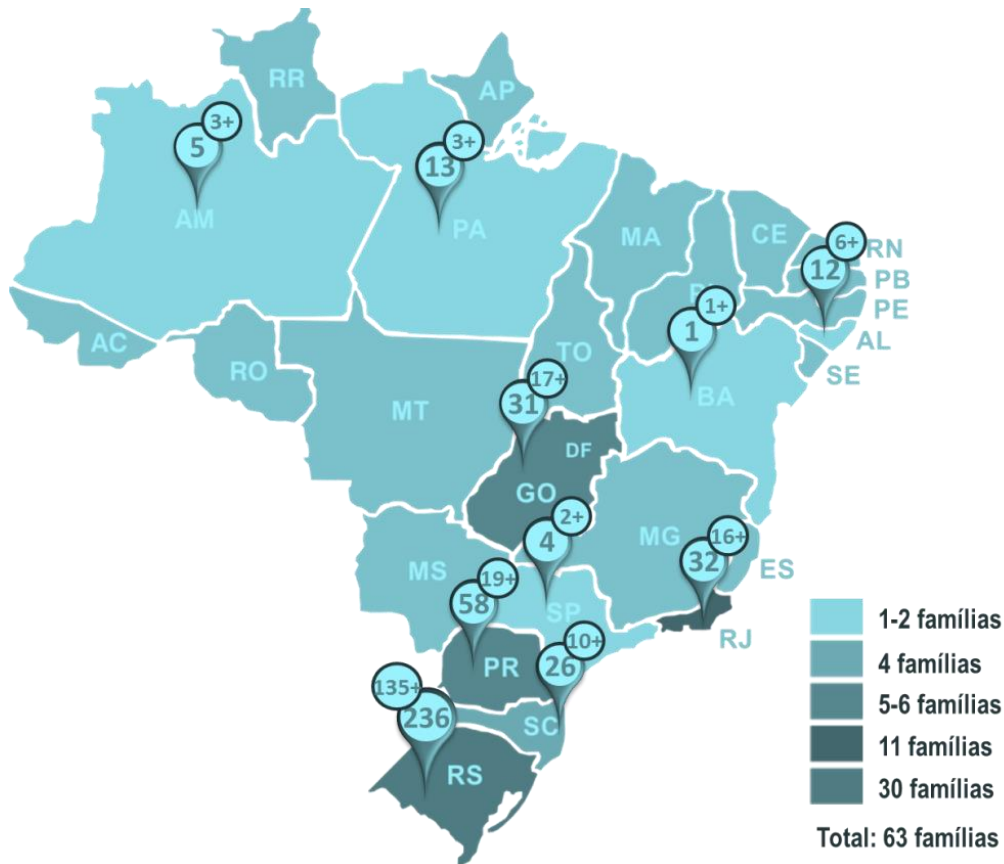
# Medullary Thyroid Carcinoma

## Hospital de Clínicas de Porto Alegre: 1997 - 2017





[www.conexaotireoide.com.br](http://www.conexaotireoide.com.br)

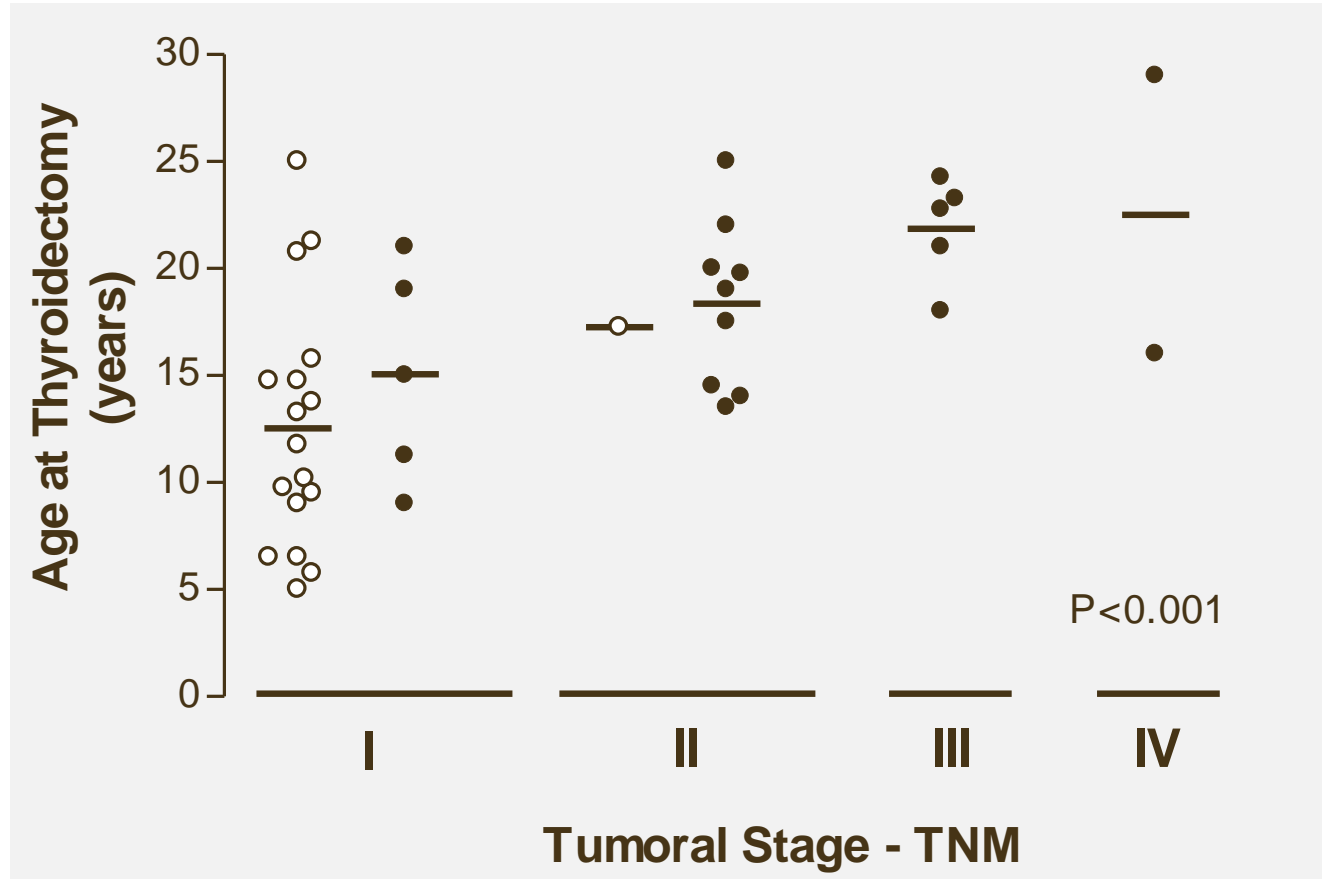


Mutação no RET	Nº de famílias	Nº de indivíduos portadores
C609Y	1	5
C618F	1	2
C618R	1	2
C620G	1	9
C620R	2	9
DEL631	1	1
C634R	11	27
C634S	1	1
C634W	2	7
C634Y	10	88
S649L	1	3
E768D	4	11
L790F	1	2
V804M	3	5
S891A	2	12
S904F	1	2
M918T	12	17

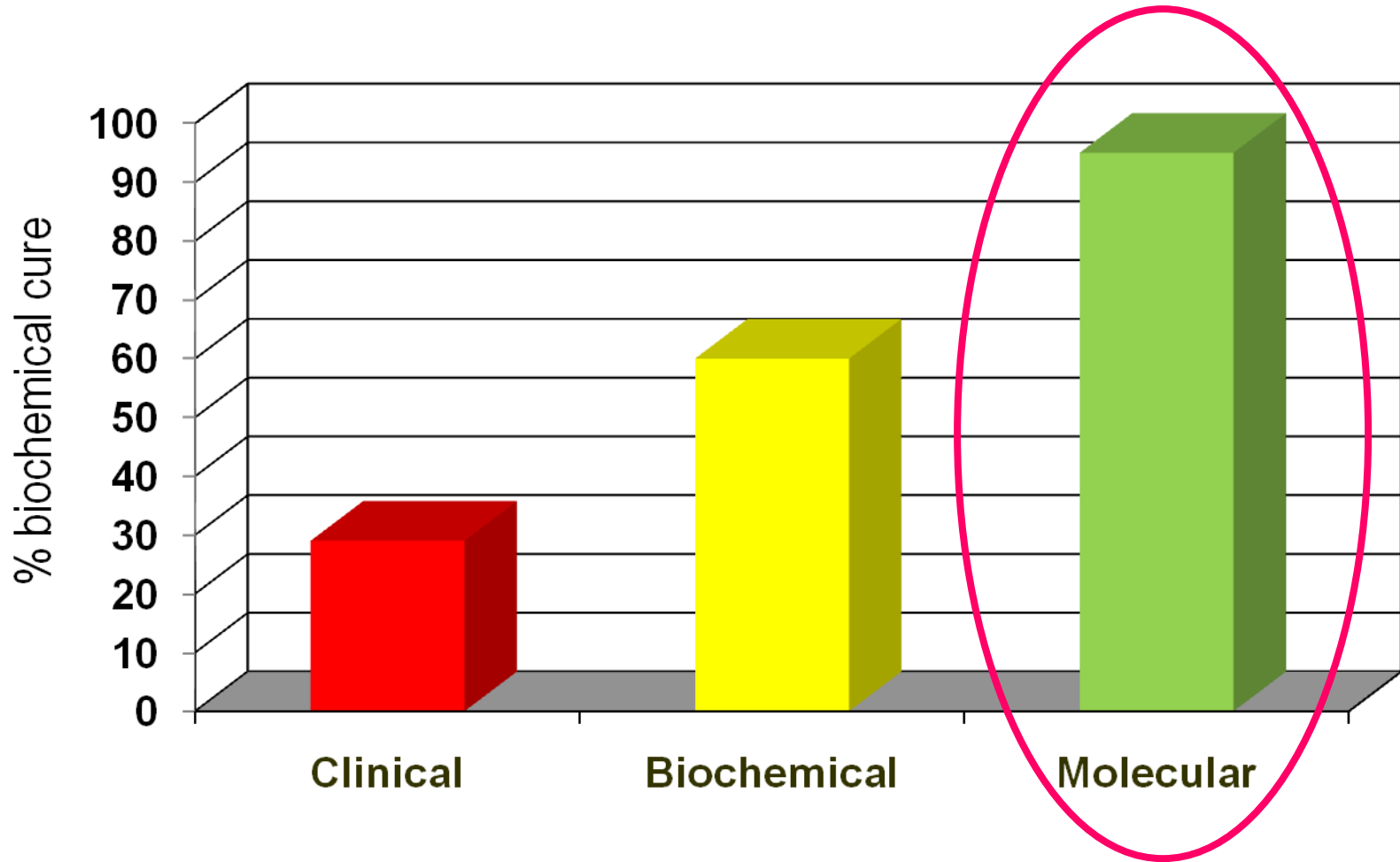
328 MTC patients  
185 hMTC (78 screening)  
143 sMTC



# Correlation between age at surgery and TNM stage of MEN 2A patients under 25y who underwent therapeutic or prophylactic total thyroidectomy.



# Early diagnosis improves biochemical cure

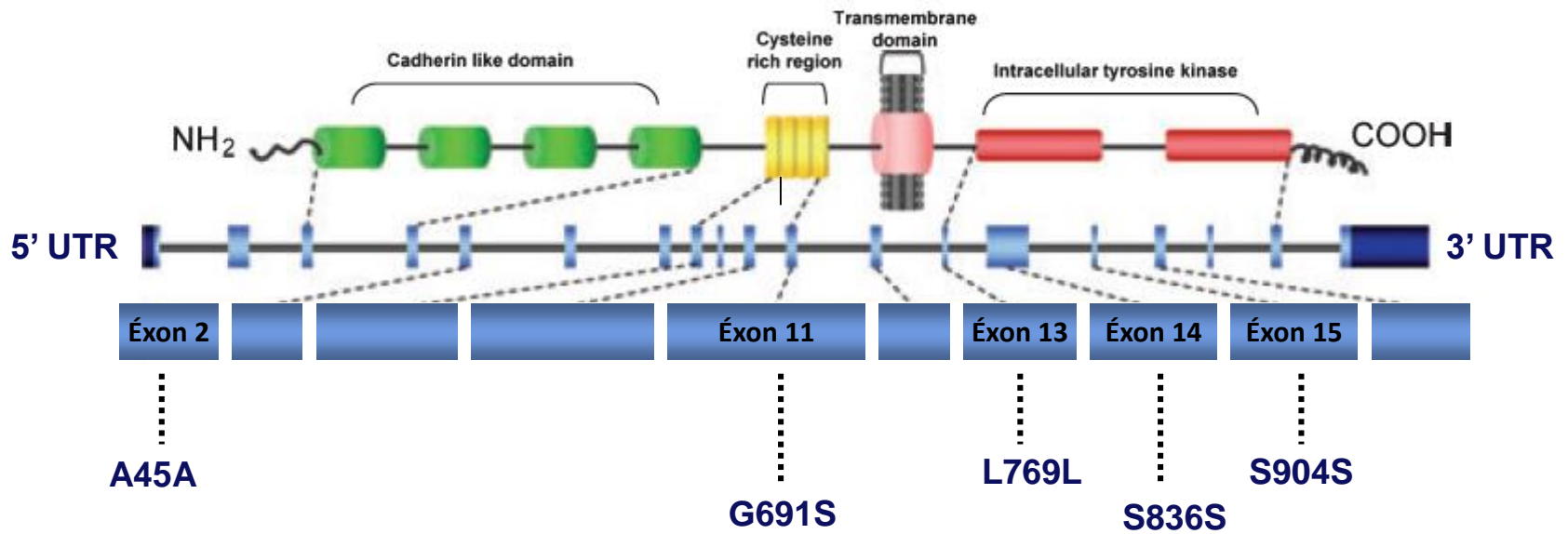


# However, we still do not understand...

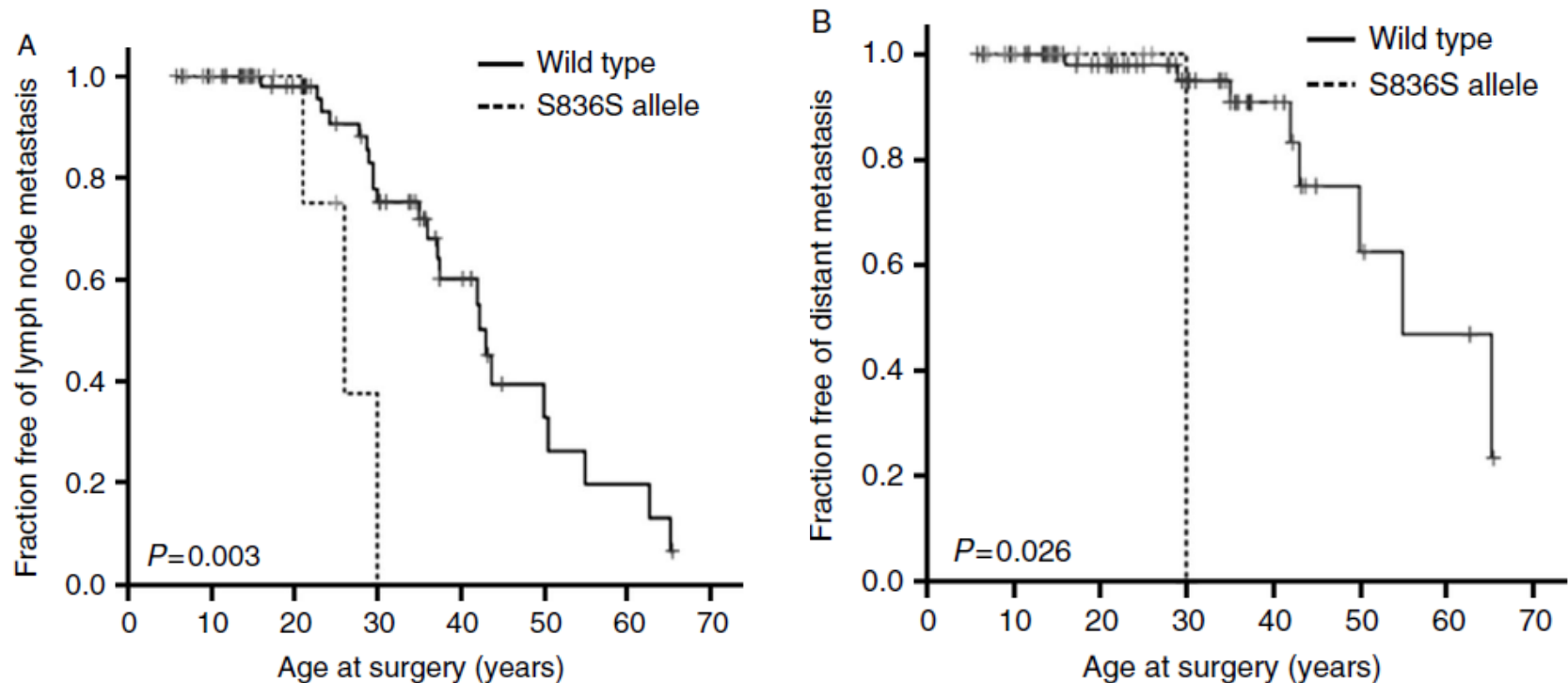
- ✓ Genotype-phenotype correlations have not been clarified yet: clinical variability and aggressiveness in members of the same family.
- ✓ Although the different levels of RET activation induced by the different mutations could partially explain it, the differences might suggest a role for genetic modifiers in the clinical course of MTC.

# Polimorfismos genéticos do *RET*

(*single nucleotide polymorphisms - SNP*)



The RET polymorphic allele S836S is associated with early metastatic disease in patients with hereditary or sporadic medullary thyroid carcinoma.



## Additive effect of *RET* polymorphisms on sporadic medullary thyroid carcinoma susceptibility and tumor aggressiveness

**Table 5** Additive effect of *RET* polymorphic alleles on medullary thyroid carcinoma susceptibility.

<b>Risk alleles</b>	<b>MTC, n= 107 (%)</b>	<b>Controls, n= 308 (%)</b>	<b>OR (95% CI);</b>	<b><i>P</i></b>
None	26 (24.3)	110 (35.7)	1	
One or two	70 (65.4)	184 (59.7)	1.57 (0.9–2.7);	0.10
Three or four	11 (10.3)	14 (4.5)	3.79 (1.5–9.5);	0.004

The distribution of *RET* risk haplotypes were significantly different between MTC patients and controls ( $P=0.02$ ).  $P$ =adjusted OR, 95% CI and  $P$  values for the comparisons between cases and controls. The independent variables included in the multiple regression analyses were age, gender, and number of *RET* polymorphic alleles in the haplotype.

# Role of *RET* genetic variants in MEN2-associated pheochromocytoma

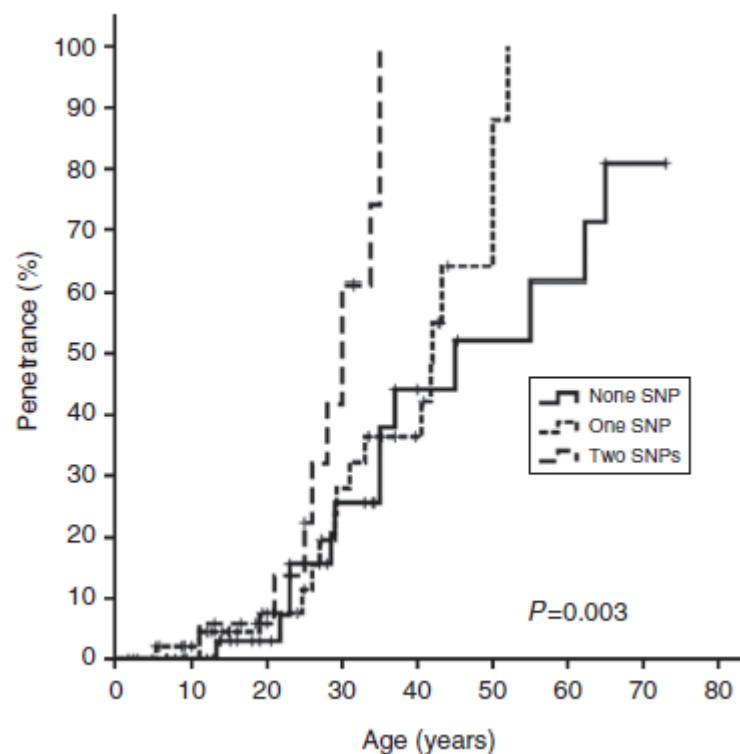
Débora Rodrigues Siqueira, Lucieli Ceolin, Carla Vaz Ferreira, Mirian Romitti, Silvana Cavalcante Maia, Léa Maria Zanini Maciel<sup>1</sup> and

**Table 4** Additive effect of *RET* polymorphic alleles on pheochromocytoma susceptibility ( $n=135$ ). The independent variables included in the multiple regression analyses were age, *RET* germline mutations (codons 618, 620, 634, and 918), and number of *RET* polymorphisms.

Risk alleles	PHEO (+) <sup>a</sup>	PHEO (-) <sup>b</sup>	OR (95% CI)	<i>P</i>
None	14 (34.1)	39 (41.5)	1	
One	17 (41.5)	43 (45.7)	1.3 (0.8–2.3)	0.365
Two	10 (24.4)	12 (12.8)	2.63 (1.4–5.0)	0.004

<sup>a</sup>Data available for 41 patients with PHEO.

<sup>b</sup>Data available for 94 patients without PHEO.



# The penetrance of MEN2 pheochromocytoma is not only determined by *RET* mutations

Frederic Castinetti, Ana Luiza Maia, Mariola Peczkowska, et al

**Table 1** Characteristics of pheochromocytoma based on geographic area.

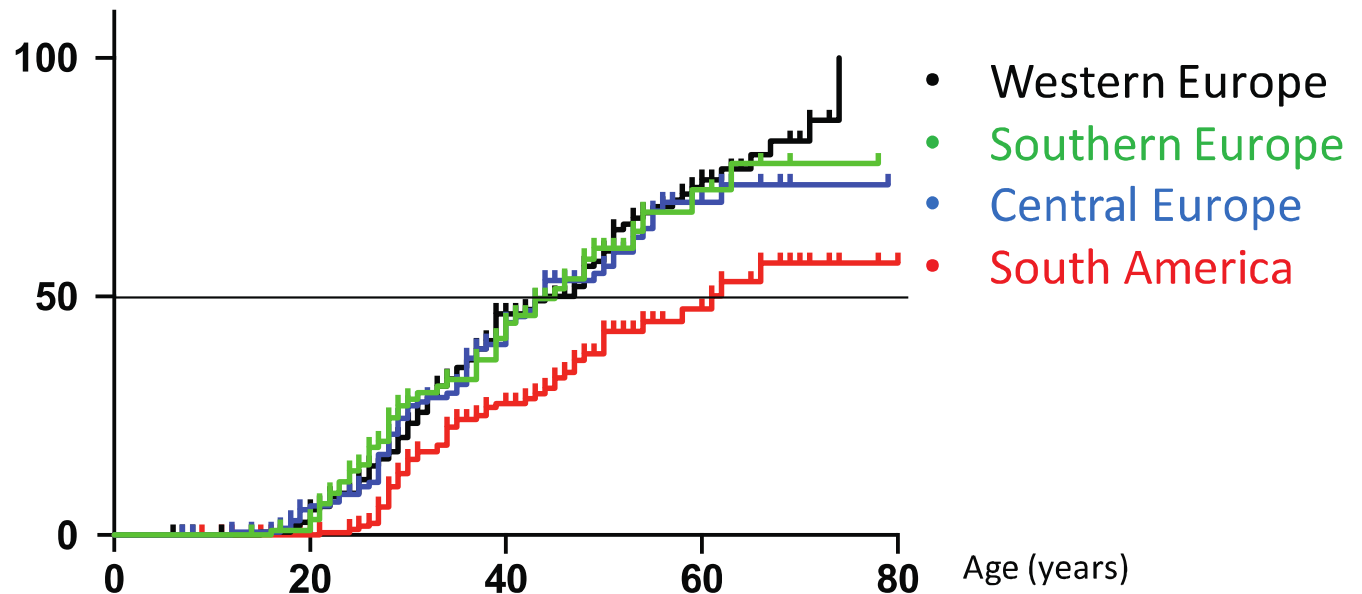
	Southern Europe	Central Europe	Western Europe	South America	P
Patients	185	174	190	263	
Pheochromocytoma	93 (52%)	118 (68%)	141 (74%)	110 (41%)	0.038
Unilateral	35 (38%)	44 (37%)	45 (32%)	44%	ns
Bilateral	58 (62%)	74 (63%)	96 (68%)	56%	ns
Synchronous	51 (88%)	48 (65%)	70 (73%)	42 (68%)	0.012
Metachronous	7 (12%)	26 (35%)	26 (27%)	20 (32%)	0.016
Patients with mutations in					
Exon 10	17/90 (19%)	9/35 (25%)	15/36 (42%)	9/78 (12%)	0.021
Exon 11	76/95 (81%)	109/139 (75%)	126/154 (81%)	101/185 (53%)	0.033
Patients with mutations in codon					
609	3/25 (12%)	3/10 (30%)	3/4 (75%)	0/0	ns
611	2/2 (100%)	1/6 (17%)	3/3 (100%)	0/6	ns
618	3/18 (17%)	3/11 (27%)	8/27 (30%)	4/17 (25%)	ns
620	9/45 (20%)	2/8 (25%)	1/2 (50%)	5/55 (9%)	0.049
634	76/95 (80%)	109/139 (78%)	126/154 (81%)	101/185 (55%)	0.038
Mean age at last follow-up (years) (min–max)	45 (12–90)	42 (7–79)	51 (6–95)	43 (7–96)	ns

Gender, male/female. For RET exon and codon lines, the rate represents the number of patients with pheochromocytoma vs the total number of patients.



# The penetrance of MEN2 pheochromocytoma is not only determined by *RET* mutations

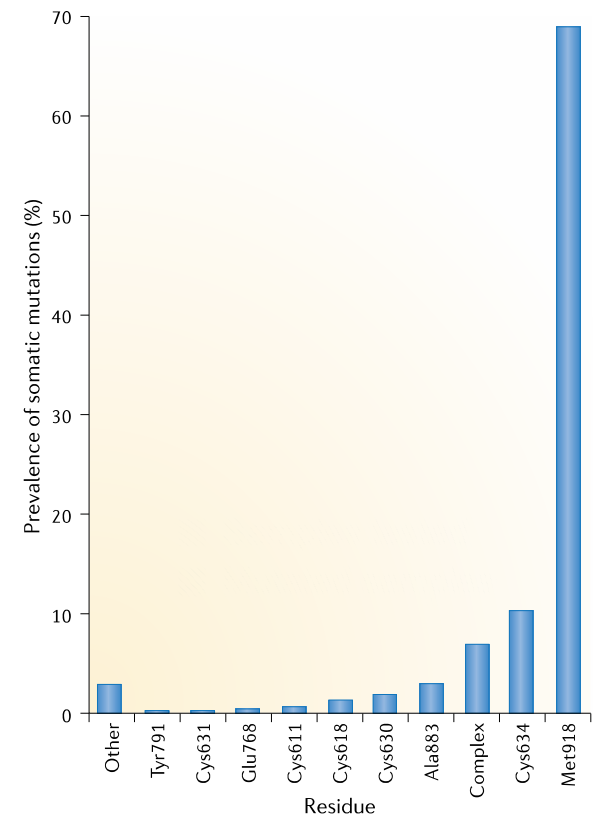
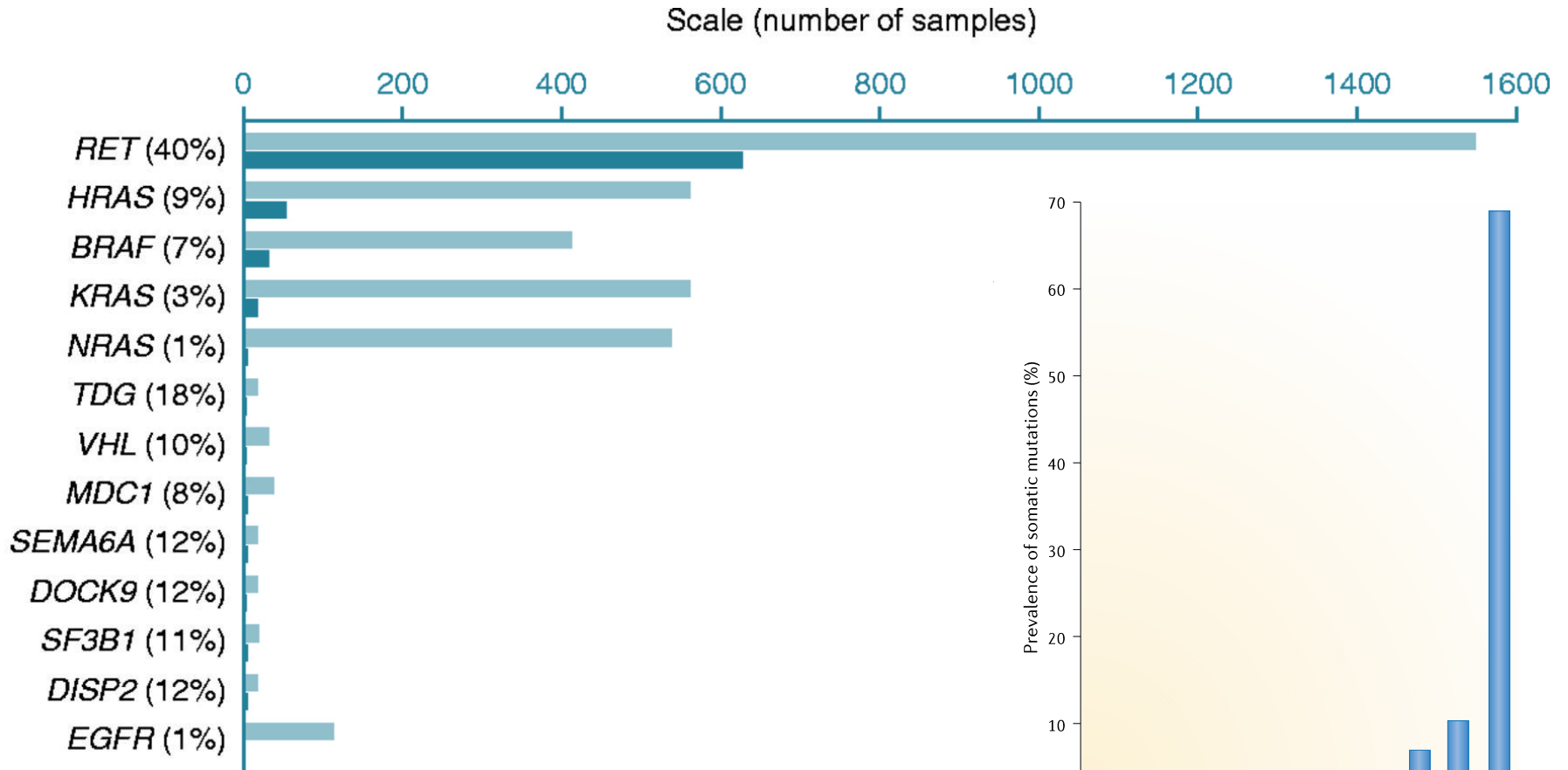
Percent patients with bilateral pheochromocytoma



# Sporadic Medullary Thyroid Carcinoma

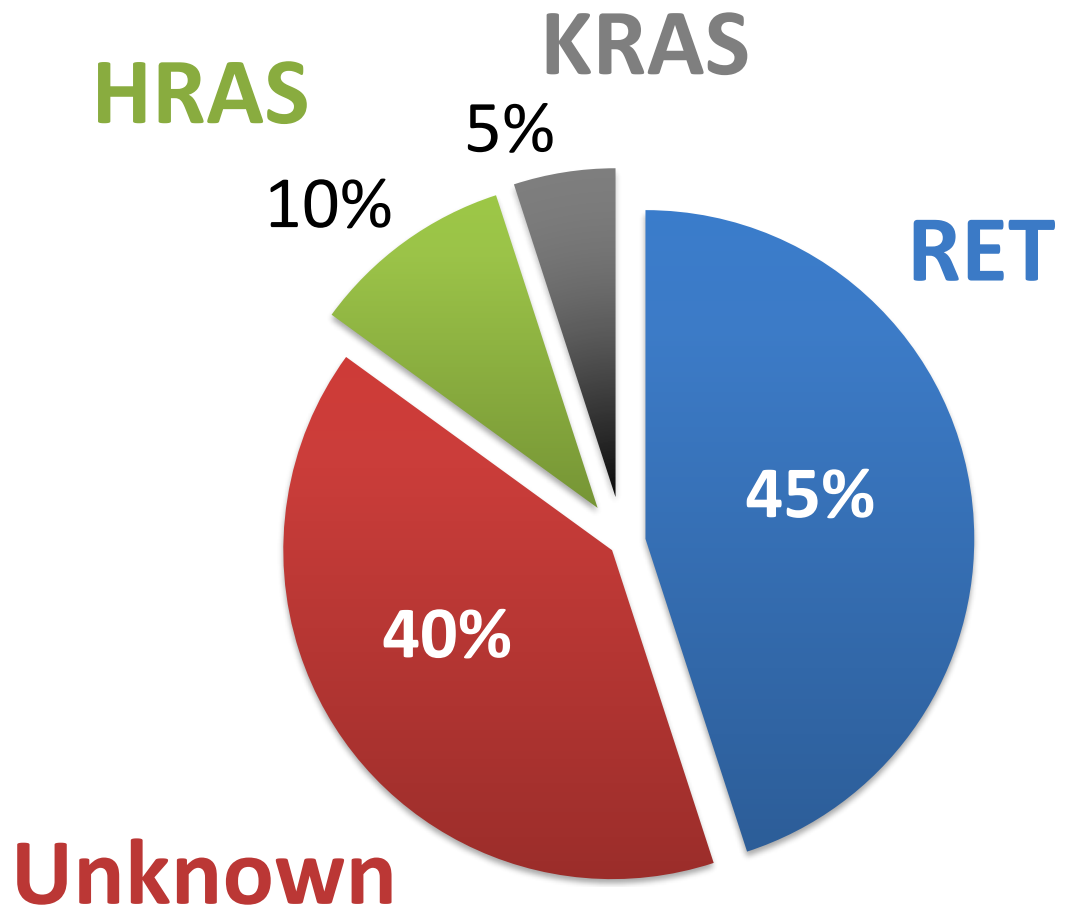
- ✓ The pathogenesis is still poorly understood.
- ✓ Somatic mutations of *RET* proto-oncogene have been reported at a variable frequency ranging from 23% to 79%.
- ✓ What is the predisposing genetic event?

# Most frequently mutated genes in sporadic MTC tumor



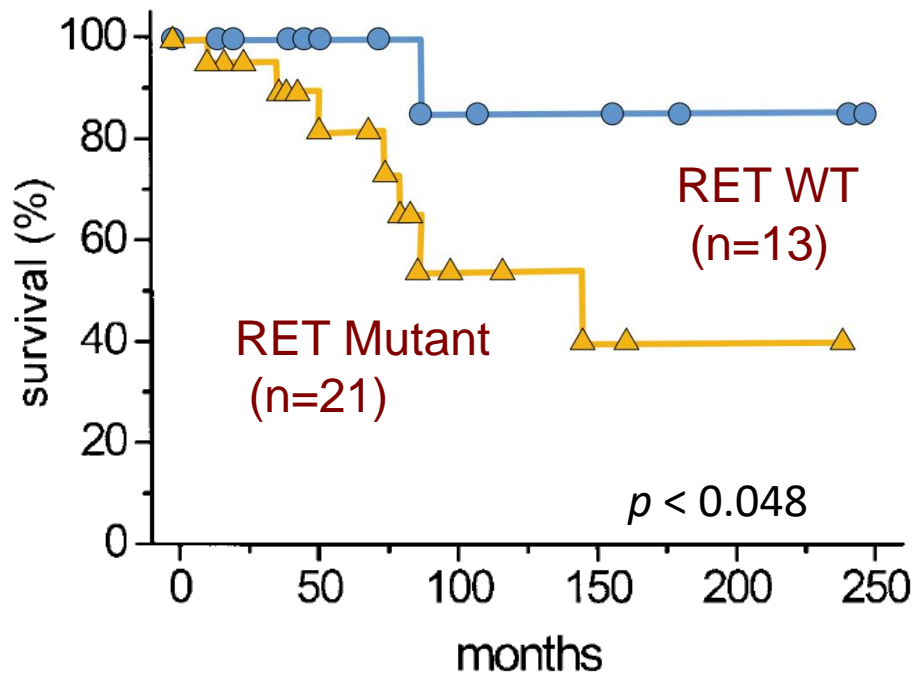
Romei et al, *Nat Rev Endocrinol* 2016

# How does **molecular diagnosis** impact MTC patient care?

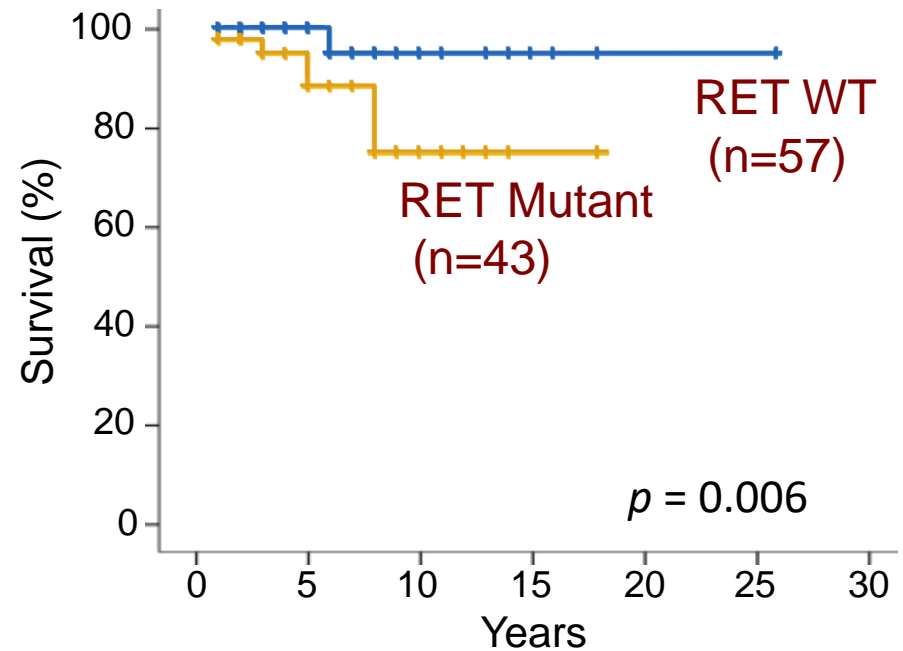


# Somatic RET mutation is generally thought to confer worse outcome

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Adapted from Schilling, T. et al.  
Int J Cancer, 95, 62–66 (2001)



Adapted from Elisei, R. et al.  
JCEM, 93, 682–687 (2007)

**Table 1.** Tyrosine kinase inhibitors and results of clinical trials within thyroid cancer patients

Investigational drugs	Molecular targets	Partial response/ stable disease (%)	Serious adverse events (Grade $\geq$ 3)	
Phase 1 and 2 clinical trials				
Motesanib	VEGFR-1-3, c-Kit, RET, PDGFR	2/48	Diarrhea (13%), fatigue (8%), hypertension (10%)	
Sorafenib	VEGFR-2-3, c-Kit, RET	6/50	Diarrhea (10%), hand-foot-skin reactions (14%), hypertension (10%), neurologic infection (10%)	
Sunitinib	VEGFR-1-3, RET, c-Kit	28/46	Fatigue (11%), diarrhea (17%), hand/foot syndrome (17%), cytopenias (46%)	
Axitinib	VEGFR-1-3, c-Kit	18/27	Hypertension (12%)	
Imatinib	RET, c-Kit, PDGFR	0/27	Hypothyroidism, rash, malaise, laryngeal mucosal swelling	
Lenvatinib	VEGFR-1-3, FGFRs 1-4, PDGFR $\alpha$ , RET, c-KIT, SCFR	50/43	Weight loss (12%), hypertension (10%), proteinuria (10%), diarrhea (10%), fatigue (9%), dehydration (9%)	
Drugs approved	Molecular targets	PFS drug vs. placebo (months)	Hazard ratio	Serious adverse events (Grade $\geq$ 3)
Phase 3 clinical trials				
Vandetanib	VEGFR-1-3, RET, EGFR	30.5 vs. 19.3	0.46	Diarrhea (11%), hypertension (9%), ECG QT prolonged (8%)
Cabozantinib	VEGFR-2, RET, c-MET	11.2 vs. 4.0	0.28	Diarrhea (15.9%), hand/foot syndrome (12.6%), fatigue (9.3%)

# Tumor Localization & Somatic Mutation Profiles

	No.	Median Progression-Free Survival, wk		Hazard Ratio (95% Confidence Interval)	P
		Placebo	Cabozantinib		
All cabozantinib patients <sup>a</sup>	330	17	49	0.28 (0.19-0.40)	<.0001
Mutational subgroups					
<i>RET</i> mutational status					
<i>RET</i> mutation-positive	169	20	60	0.23 (0.14-0.38)	<.0001
<i>RET</i> mutation-negative	46	23	25	0.53 (0.19-1.50)	.2142
<i>RET</i> mutation-unknown	115	13	48	0.30 (0.16-0.57)	.0001
<i>RET</i> mutations of unknown function	21	13	24	0.47 (0.14-1.60)	.3280
<i>RET</i> M918T mutational status					
<i>RET</i> M918T mutation-positive	126	17	61	0.15 (0.08-0.28)	<.0001
<i>RET</i> M918T mutation-negative	107	24	25	0.67 (0.37-1.23)	.1875
Non-M918T <i>RET</i> mutation-positive	43	24	36	0.70 (0.26-1.87)	.4729
<i>RET</i> M918T mutation-unknown	97	12	49	0.27 (0.13-0.56)	.0002
RAS mutational status					
RAS mutation-positive	16	8	47	0.15 (0.02-1.10)	.0317
<i>RET</i> and RAS mutation-negative <sup>b</sup>	30	23	24	0.88 (0.24-3.22)	.8330

<sup>a</sup> The hazard ratio for the entire study population was calculated with stratification factors.

<sup>b</sup> The hazards are not proportional.

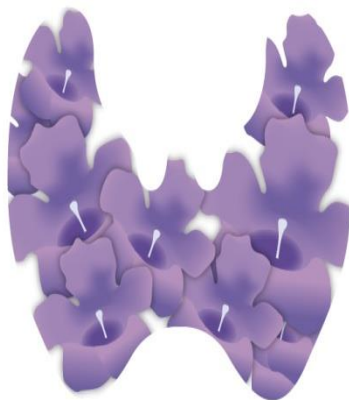


# Key Points

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- ✓ The cumulative understanding of molecular mechanisms involved in MTC pathogenesis had significantly impacted the diagnostic, treatment and prognosis of patients with MTC.
- ✓ Comprehensive genomic profiling of genetic alterations to identify the oncogenic drivers involved in MTC pathogenesis will hopefully refine targeted therapy in the near future.





# XVII

LATIN AMERICAN  
THYROID SOCIETY  
CONGRESS  
**2019**

SAVE THE DATE!



20 AL 23 DE JUNIO DE 2019



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**Universidade Federal do Rio Grande do Sul**



**Obrigado pela atenção!**